

RICHMOND RAMBLERS

Leader:	Contact Number:
Walk Title:	Walk Date:
Day of Week:	No of Miles:

Leaders should only use the contact details in the case of an emergency during the activity. **Following submission of your walk report to the Group Secretary (see p2), this document should be destroyed securely and not stored.** Participants can opt out of sharing this information.

PLEASE **PRINT** YOUR NAME AND GROUP BELOW.
NON-MEMBERS of RAMBLERS - PLEASE PRINT “**NON**” in GROUP COLUMN. EMAIL IS OPTIONAL AND WILL ONLY BE USED TO SEND INFO ABOUT THE GROUP/RAMBLERS

NAME (UPPER CASE)	GROUP	PHONE NUMBER (optional)	EMAIL (For non-members - optional)
10			
15			
20			
25			

Note: These details are for statistical purposes only. They will be held by the Group Secretary of Richmond Ramblers and not disclosed to anyone else.

LEADER'S REPORT

Please report any information that could be useful, eg. lunch stop, duration of walk, footpath problems.

IN THE EVENT OF ANY INJURY

Please contact Elaine C (Secretary, Richmond Ramblers), on 07845 189523 as soon as possible after the walk.

Elaine will decide on the appropriate follow-up action.

Please record relevant details such as

- Nature of incident and nature of injury.
- Name of person and phone number
- Name of any witness and phone number

Please return this form to the Group Secretary: Elaine Clarke: 74 Gordon Avenue, Twickenham TW1 1NQ

Alternatively send the details by email to: Elaine Clarke elained.clarke@gmail.com

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THE ATTENDANCE REGISTER SHOULD BE DESTROYED SECURELY ONCE DETAILS HAVE BEEN SENT.

MANY THANKS FOR LEADING THIS WALK - YOUR WORK IS MUCH APPRECIATED

E-copies of this form are available from Mavis (mavis@rightthoughts.plus.com)